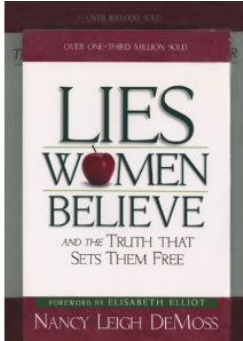


# *Sarah's Healing Touch for Women*

## **"Above Jewels" Homework Outline for Lies Women Believe - Chapters 7-9**



1.) Have you or do you ever believe lie #27, "It's up to us to determine the size of our family?" (Pg. 168-172)

2.) Have you or do you ever believe lie #28, "Children need to get exposed to the 'real world' so that they can learn to function in it"? (Pg. 173-176)

3.) Have you or do you ever believe lie #29, "All Children will go through a rebellious stage"? (Pg. 176-178)

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4.) Have you or do you ever believe lie #30, "I know my child is a Christian because he prayed to receive Christ at an early age"? (Pg. 179-182)

5.) Have your or do you ever believe lie #31, "We are not responsible for how our children turn out"? (Pg 182-187)

6.) Have you or do you ever believe lie #32, "If I feel something it must be true"? (Pg. 194-196)

7.) Have you or do you ever believe lie #33, "I can't control my emotions?" (Pg. 197-199)

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8.) Have you or do you ever believe lie #34, "I can't help how I respond when my hormones are out of whack"? (Pg. 200-203)

9.) Have you or do you ever believe lie #35, "The answer to depression must be sought in medication and or psychotherapy"? (Pg. 204-210)

10.) Have you or do you ever believe lie #36, "If my circumstances were different, I would be different"? (Pg. 218-221)

11.) Have you or do you ever believe lie #37, "I shouldn't have to suffer"? (Pg. 221-223)

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12.) Have you or do you ever believe lie #38, "My circumstances will never change this will go on forever" ? (Pg. 224-226)

13.) Have you or do you ever believe lie #39, "I just can't take any more"? (Pg. 226-228)

14.) Have you or do you ever believe lie #40, "It's all about me"? (Pg. 228-235)

*Rejuvenate Refresh Relax*