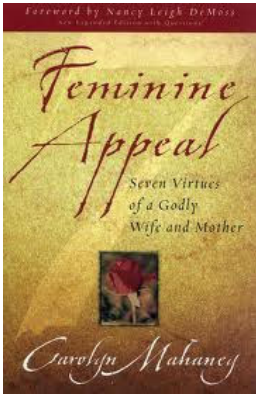


# *Sarah's Healing Touch for Women*

## **“Above Jewels” Homework Outline for Feminine Appeal - Chapters 4-6**



1.) What is self control and how do we capture it? (Pg. 66-67)

2.) Are we enjoying the two gifts of food and sleep in the way God wants us to or are they enslaving us? (Pg. 68-72)

3.) Every family's needs and schedules are different. What ways in **your** family can you adjust or continue to keep the areas of food and sleep in balance?

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4.) Is your food and sleep intake about yourself or your family? Are you being a lazy and selfish woman? (Pg. 72)

5.) Why are our thoughts so vital and important to our behavior? What can we do to capture and control our thoughts? (Pg. 73-74)

6.) What are some ways that we can guard and protect our marriage's from lust and adultery? (Pg. 86-87)

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7.) Are there any areas where you are currently allowing or susceptible with provisions for the flesh? What must you do to flee these temptations? (Pg.89-90)

8.) Which principle out of the "Three Principles For Grade A Passion" are you needing a little more work, encouragement and help on? (Pg.91-96)

9.) What homemaking task is your least favorite? What one do you enjoy the most? How can you make the every day, mundane and repetitive tasks about God, His Kingdom and for His glory?

10.) If it is true that we have all "breathed toxic feminist air for several decades," in what ways may we have been influenced by feminist ideology?

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11.) Why has the feminist movement failed in securing a women's happiness and fulfillment?  
(Pg.103-104)

12.) What does God's Word, the Bible say to wives and mothers about working at home? (Pg. 104)

13.) Is the woman of the home really the ruler of the home? (107-108)

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14.) Why is it important to orient our life's around our husbands? How does this help keep our schedules manageable? (Pg. 111)

15.) Why is it so important to have the Mother of the home a happy Mom? Do you think your family would describe you as happy? (Pg.112)

16.) What is one way you can grow in creating a joyful atmosphere in your home?

17.) Why is homemaking truly the best and most important job in the world? (Pg. 114-115)

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