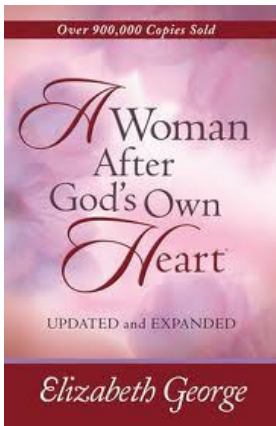


# *Sarah's Healing Touch for Women*

## **“Above Jewels” Homework Outline for A Woman After God’s Own Heart - Chapters 1-8**



1.) How do we become women devoted to God, women who love God deeply and live for Him daily? (Page 20-26)

2.) How do we commit to God daily? What does this look like? (Page 24-25)

3.) What does your private life out of the public eye reveal about your heart and relationship with the Lord? Are you taking the time to work on your roots? (Page 30-35)

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4.) How do we determine the women we want to be in the future? What rate are we growing in our relationship with the Lord? (Page 39-41)

5.) How can prayer help us with our anxiety, our decision making, our purity, our contentment, our relationship with God and others, and also be a strong ministry? (Page 43-54)

6.) How can we develop a heart like David vs. a heart like Saul? (Page 57-63)

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7.) Why is it so important to be a servant first at home with our husband and children before we go outside of the home and help others, even in the church? (Page 68-74)

8.) What does it mean to be a helpmeet to our husband? What are some practical ways that we can fulfill our God given role as our husband's helper? If not married how can a woman still be a helpmeet? (Page 68-75)

9.) Why is it so important to have a submissive heart not only to our husband but to one another? (Page 77-83)

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10.) Why do we as women hesitate to follow our husband's leadership? (Page 84-85)

11.) What does true Biblical submission look like when lived out in our marriages and relationships with others? (Page 85-89)

12.) What are some ways that we can nurture our hearts to be filled with love and support for our husbands? How does automatically effect our relationship with others? (Page 92-100)

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13.) Out of the seven continued suggestions listed in chapter 8, with showing our husbands affection and love, what ones stand out to you the most to start incorporating into your home and marriage?

\*Prepare for your husband daily

\*Please your husband

\*Protect your time with your husband

\*Physically love your husband

\*Positively respond to your husband

\*Praise your husband

\*Pray always

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