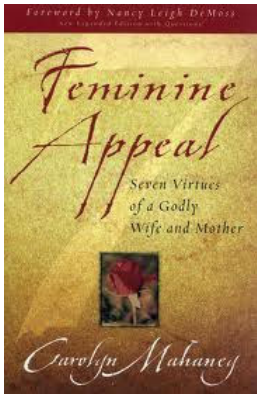


Sarah's Healing Touch for Women

“Above Jewels” Homework Outline for Feminine Appeal - Chapters 1-3



1.) Whose experience- Lisa's or Carolyn's can you most identify with? How so? (Pg. 17-19)

2.) Is there a time in your marriage, parenting, or homemaking where you could have avoided a hardship if an older woman would have given you some advice? Or is there a time in your marriage, parenting, or homemaking where an older woman did give you advice and it blessed you greatly? (Pg. 21-23)

3.) What does your personal daily conduct and behavior reflect about who you are as a person? Do you bring honor to God or misrepresent His truth? (Pg. 26-28)

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4.) What sin most commonly robs you of a tender love for your husband (anger, bitterness, criticism, pride, selfishness, fear, laziness etc)? What are the warning signs? How can you keep your heart from the sin?

5.) Do you ever catch yourself becoming preoccupied with the duties and responsibilities of marriage that you fail to nurture tenderness and passion? What are some ways to stay focused on enjoying your husband? (Pg. 32-33)

6.) What can we do when our emotional warning system is going off? (Pg. 38-39)

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7.) Why is it so important to understand the sin in our own hearts? (Pg. 39-40)

8.) Why is it so important to think tender thoughts about our husband? How can we train ourselves to do this? (Pg. 40-42)

9.) Out of the 3 tender behaviors listed what one do you need to work on cultivating the most? (Pg.42-46)

~Prize him

~Cherish him

~Enjoy him

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10.) As Mother's how can we enjoy and delight in our children instead of just making Motherhood about the sacrifices and responsibility's? (Pg. 51-51)

11.) How can we avoid falling into the traps of over indulging, giving in to selfishness, and giving into fear with our children? (Pg. 54-56)

12.) What is a Biblical perspective of children? How is it different from what our culture says? (Pg. 56-57)

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13.) If we asked our children how they know that we love them what do you think they would say?
(Pg. 57-58)

14.) Are you numbering your days? Read, think, and meditate on Psalm 90. (Pg. 59-61)

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