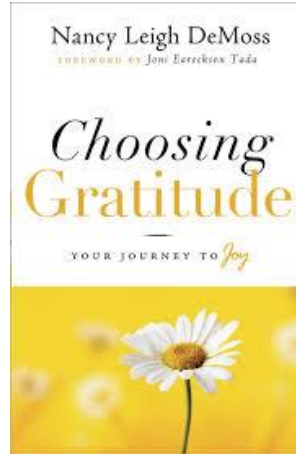


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“Above Jewels” Question Outline

“Choosing Gratitude” Chapter 4-6



1.) How does gratitude unleash the freedom to live content in the moment rather than being anxious about the future or regretting the past? (Page 62)

2.) Since gratitude is a matter of obedience is being un-grateful being disobedient? (Pages 62-63)

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3.) Spend some time in the book of Colossians. How does the Lord speak to Your spirit as you read this book? What verse/verses stand out to you?

4.) “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus”
Philippians 4:6-7

What is the opposite way to live from the above verse? What are the results from both ways of living?

5.) How is gratitude and thanksgiving a matter of the heart? (Pages 67-68)

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6.) How can we set our “default pattern” with giving thanks in all things? (Pages 67-69)

7.) As believers what is God’s will for our life? (Pages 69-70)

8.) What does it mean to be filled with the Holy Spirit? How can we know that we are filled with the Spirit? (Pages 70-71)

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9.) One of the qualities Jesus demonstrated for us is gratitude. Out of some of the examples in the book what one spoke to you the most? (Pages 72-75)

10.) As a blind person does Fanny Crosby choose whining or worshipping? What speaks to you about her story? (Pages 77-80)

11.) Have you ever-related ingratitude with pride and gratitude with humility? Why should we as Christians live a life of gratitude? (Pages 80-82)

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12.) Why is a grateful heart God & other centered while an ungrateful person is self-centered?
(Pages 82-84)

13.) What are the differences between the person who lives with a full heart vs. the person who lives with and demonstrates an empty heart? (Pages 85-87)

14.) What is often the chief reason behind the blues & blahness? (Pages 87-89)

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15.) Pay attention to your every day words and thoughts for a day. Do your words reveal gratitude and thanksgiving or murmuring and complaining? How can we catch and correct ourselves when we start murmuring or complaining?

16.) What impact does your spirit have on those around you? Are they refreshed and encouraged by your thankful spirit or weighed down by your negative words & attitude? (Pages 91-93)

17.) Does it really matter if we verbalize our thanks as long as it's in our hearts? (Pages 97-100)

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18.) Do you go to God with just a list of your requests, hurts, and problems or do you go thanking Him before the answers are even in sight? (Pages 102-103)

19.) How grateful to God are you when no one else is looking? (Pages 103-105)

20.) Singing hymns to the Lord is a wonderful way to show gratitude and give thanksgiving. Pick one of the hymns on pages 225-226. Share how this hymn encourages you and draws you closer to God.

21.) Think of what the Lord has done in your life this week to bless You. Have you taken the time to praise the Lord and share His goodness with someone else? (Pages 103-108)

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