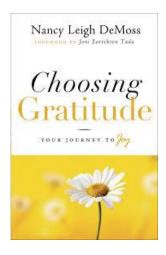
www.Happyhealthyblessed.com

"Above Jewels" Question Outline

"Choosing Gratitude" Forward/Introduction Chapter 1-3



1.) Do you find it hard to hold on to gratitude? How can we choose gratitude in the midst of our disappointments and tragedies? (Pages 11-13)

2.) Does a thankful spirit & heart take training? How does a lack of gratitude manifest itself? (Pages 15-19)

www.Happyhealthyblessed.com

| 3.) | Why is gratitude a character train that does not stand-alone but instead is often intertwine with other Christian virtues? (Pages 22-23) |
|-----|---|
| | |
| | |
| 4.) | What two ways can we respond to every circumstance that comes our way? What are the results that come from these two responses? (Pages 23-24) |
| | |
| | |
| 5.) | What problem/hard areas in your life might be due to a lack of gratitude? (Pages 26-28) |
| | |

www.Happyhealthyblessed.com

| 6.) | How do they | "why me's" | pull us | down a | and away | y from | God? | (Pages | 26-28) |
|-----|-------------|------------|---------|--------|----------|--------|------|--------|--------|
| | | | | | | | | | |

7.) What 3 words are at the heart of the gospel? How are these 3 words connected? (Pages 33-34)

8.) Is the gratitude that flows out of your life as abounding as the grace that has flowed into your life? (Page 35)

www.Happyhealthyblessed.com

| 9.) | How does Christian gratitude begin to rise above every other form or gratitude? different from well intended but worldly gratitude? (Pages 35-38) | How is it |
|------|---|-----------|
| | | |
| | | |
| | | |
| 10.) | How does giving begin with generosity? (Page 40) | |
| | | |
| | | |
| 11 \ | How does giving out of gratitude God affect others? (Pages 41-43) | |
| 11. | How does giving out of gratitude God affect others? (Pages 41-43) | |
| | | |

www.Happyhealthyblessed.com

| .2.)How does the story of Edward Spencer and the lesson from the 10 lepers speak to you? (Pages 47-49) | |
|--|--|
| | |
| | |
| | |
| 3.) Do you find yourself having a hard time not saying anything negative about your husband of those close to you? What must we do when we find ourselves in this situation? (Pages 50-52) | |
| | |
| .4.)How serious is the sin of ingratitude? (Page 52) | |
| | |

www.Happyhealthyblessed.com

| 15 \ | Which instigator | of ingratitude | stands out the | most to you? | (Pages 53-56) |
|------|-------------------|----------------|----------------|--------------|---------------|
| 15.1 | vynich instidator | oi maraillude | stands out the | most to vou? | (Paues 53-56) |

16.) Read Page 58. Does the quote from the man from India hit home at all for you? "You have no idea how much you have and yet you always complain"

Let's read the prayer on this page together.