## Sarah's Healing Touch for Women

## "Above Jewels" Homework Outline for Chapters 13-18



1. Have you ever thought of the comparison of how you reverence your husband in return honors and shows reverence to God?

2. How can we get out of the habit of playing faults and wrongdoings from others (particularly our husbands) over and over again in our head? How can we learn to take every thought captive?

3. Make a list of ways you have not shown reverence towards your husband, then make a list of things you are going to start doing to correct them. Pg.135

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4.	Look up the definition of deference. Do you show this quality to your husband?
5.	Do you have a joyful spirit of service towards your husband? Or do you grumble at what he isn't doing for you? What ways do/can you show true joy & appreciation?
6.	Read and reflect on Titus 2:3-5. What areas in the verses stick out to you the most? What is counte culture?
7.	Are you a sober wife according to chapter 15? What ways can you become sober?

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8.	What specific things in your life do you (can you) simplify in order to keep peace and order flowing in your home?
9.	What are some practical & simple ways that help you get dinner on the table for your family?
10.	. Read the "How to be a good wife today" from pg 155. Do these guide lines seem strange or vital to you and your household?
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11. Do you withhold sex from your husband when you feel like it? (not feeling good, anger, hurt feelings etc) How can you correct that behavior?

12. How do/can you get into the mood with your husband when your body, emotions, hormones, kids and everything else imaginable is pulling you in the opposite direction?